



**Bring Wellness To Your Business Today!**

[www.WellnessITW.com](http://www.WellnessITW.com)

## Do More With What you Have by Tuning-up Your Corporate Workforce's engine!

### Wellness Programs:

Our company of professional lecturers includes medical doctors, registered nurses, social workers, hypnotists, physical therapists, yoga masters, acupuncturists, social workers, accountants and financial planners. Each lecture is accompanied with topic-related notes and gift-bags. Some of our popular topics include:

### Wellness Lectures:


“Sugar Blues”, “Body Language: The Perception It Creates”, “Financial Planning For Your Future”, “You Are What You Think”, “10 Superfoods For Healthy Living”, “Warning Signs of Serious Health Problems”, “Learning To Cope”

### Ask Yourself:

- ✿ Would increased efficiency and output improve your company's bottom line?
- ✿ Would more alert and better prepared employees benefit your company?
- ✿ Would your business benefit from a revived corporate culture teeming with energy?
- ✿ Would your business benefit from possible insurance reductions and government wellness program grant money?
- ✿ Would you like to grow your business while making the workday for everyone easier and more rewarding?

**Achieve a State of Well-Being**

<b>Physical Health</b>	<b>Mental Health</b>
Fitness	Awareness
Nutrition	Improvement
Rest	Proper Choices
	Success

  
**Wellness in the Workplace**  
**1-888-5BE-WELL**  
 (1-888-523-9355)